

**REPRODUCTIVE HEALTH AWARENESS, PROBLEMS,
AND HEALTH SEEKING PRACTICES OF
COUPLES IN FISHING HOUSEHOLDS IN SAPIAN, CAPIZ**

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ABSTRACT

The study sought to examine the reproductive health knowledge, problems and health-seeking practices of selected couples aged 15-49. Forty-six (46) couples served as respondents of the study. This study hypothesized that: 1) couples in fishing households reproductive health knowledge; 2) Couples in fishing households have numerous number of reported reproductive health problems; and 3) couples in fishing households have traditional health seeking practices.

The Likert type of test, and open-ended questions were utilized for data gathering. The frequency, percentage distribution and average mean were used as a tool for analysis. The result show that couples in fishing households, have high level of reproductive health awareness. Female respondents in particular are aware of their reproductive health rights, birth control methods, and family planning than male respondents. In addition, the result reveals that the respondents have experienced several cases of reproductive health problems. However, they did not often seek medical attention. Instead, the respondents just visit the barangay health center for birth control supply and medicine for some ailments.