

**GROUP STUDY VS. INDIVIDUAL STUDY:
A COMPARISON OF EFFECTIVE STUDY TECHNIQUE**

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ABSTRACT

Bang-as, Erlic P. and Toles, Elohai N. Group Study vs. Individual Study: A Comparison of an Effective Study Technique.

This study was an attempt to find out which of the two study techniques is effective: group study or individual study. It also sought to know which of the two academic groups performed better in a group study or in an individual study. The respondents were 60 students from the Biological and Social Sciences Divisions. Subjects were selected using the simple random sampling. The design was a 2 (Group study and Individual study) x 2 (Biological Sciences and Social Sciences) factorial design and this tested three hypotheses; (1) To find out if students perform better when they study in groups than when they study alone; (2) To find out if Biology students perform better than Social Science students; (3) To know if Biology students perform better than Social Science students when they study in groups than when they study alone. The researchers used the 2 x 2 Analysis of Variance in the analysis of the data. The results were obtained by using the ANOVA and F test was used to test the hypotheses. The results revealed that (1) students who studied in groups performed better than those who studied individually; (2) Biology students performed better than Social Science students and (3) there was an interaction between study techniques and the academic groups.