

**MALE BONDING AND EMOTIONAL SELF-DISCLOSURE
AMONG COLLEGE STUDENTS IN AN ALL-MALE BOARDING HOUSES IN
ILOILO CITY**

By

Abaring, Sheryl
Sabandal, Rodelyn

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ABSTRACT

Abaring, Sheryl V. and Sabandal, Rodelyn N. (March 2003). **Male Bonding and Emotional Self-Disclosure Among College Male Students in an All-Male Boarding Houses in Iloilo City.** A research project submitted to the Division of Social Sciences, University of the Philippines; Miag-ao, Iloilo.

This study sought to find out about the nature of male friendship and the level of emotional self-disclosure expressed by college males living in an-all male boarding houses in Iloilo City. Sixty-three (63) college male students living in an all-male boarding houses in Iloilo City were purposely selected to serve as participants of the study. The Emotional Self-Disclosure Scale and the Male Bonding Questionnaire were utilized in the study.

The results of the study revealed that respondents displayed bonding by engaging themselves in sports activities. Least of the respondents displayed bonding through giving advice, doing things for each other and attending mass. Male respondents are commonly knowledgeable in terms of hobbies and sports (193 or 77%) of their male peers. Meanwhile, marriage plans got the least frequency and percentage (46 or 18%). Moreover, male respondents were indeed capable of showing empathy and concern to their male friends. Lastly, there exists emotional self-disclosure in male friendships. Results revealed that males usually discussed feeling of happiness (847 or 67%) with a friend; whereas they least discussed feelings of depression (50%), jealousy (48%), and apathy (45%) with a male friend. The researchers recommend a further research about the study, and a more accurate scale should be utilized. The researchers also recommend that a classroom setting in gathering data be used.